ACTION LEARNING – REFLECT ON THE WAY YOUR CHALLENGE WAS EXPLORED

Please spend a few minutes reflecting on how your challenge was explored through your action learning group.

**My Opportunity/Situation/Challenge**

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| The things I have learned about my issue/ opportunity today are :- |

**Myself and Others**

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| Things I have learned about myself today are:-  Things I have learned, realised and observed about other set members…. |

**Action**

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| My next actions are :- |

**The Set**

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| The one thing that stands out for me in terms of my Action Learning Set is:- |